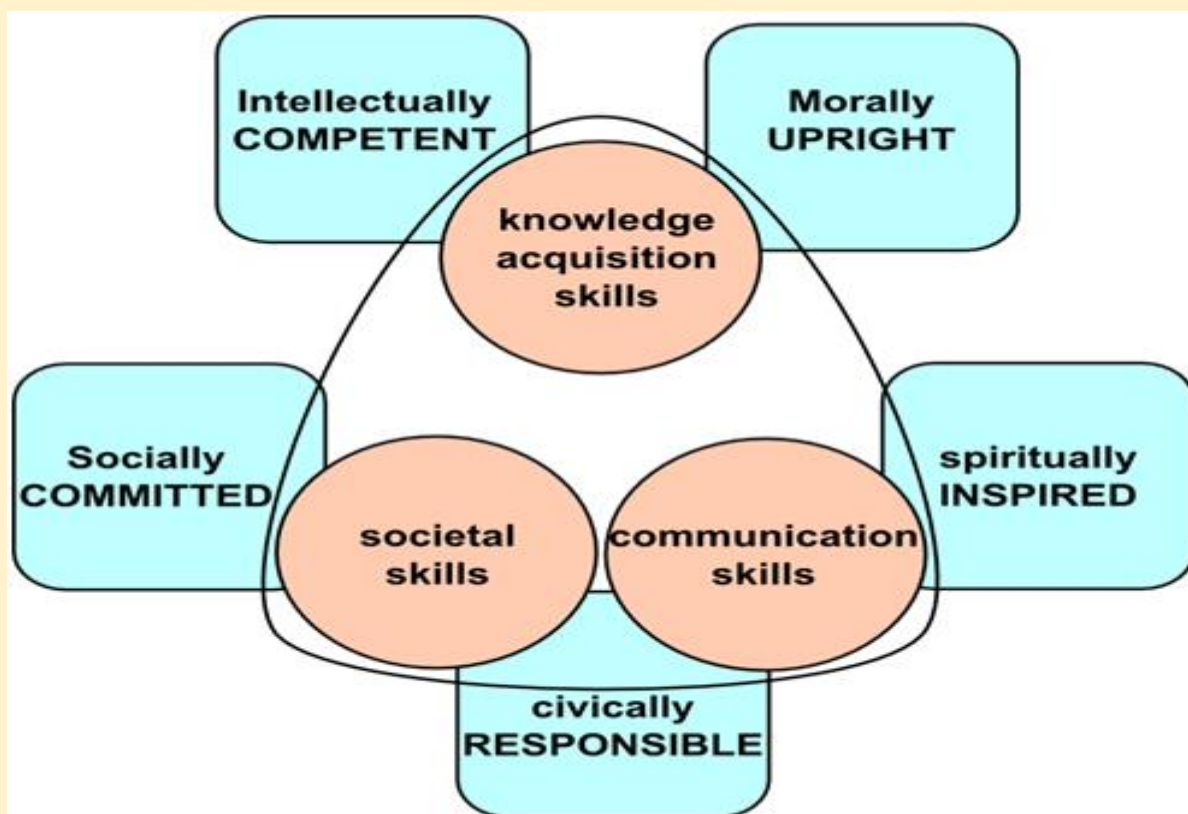


# BIJOY KRISHNA GIRLS' COLLEGE, HOWRAH

Estd : 1st August 1947. Affiliated to University of Calcutta  
NCTE approved NAAC B accredited College with CPE status

**Programme Outcome (P.O.):** Program outcomes refer to broad objectives of a degree program, particularly as they pertain to the quality and/or productivity of the program. The **Program Outcomes** of our institution consist in moulding graduates having the following attributes.



## **PO1: Intellectually Competent:**

*The Graduates will be able to*

- obtain the core knowledge base in their academic field
- acquire the knowledge with facts and figures related to various subjects in humanities, pure sciences, bio-sciences, and social-behavioural sciences
- develop ability to generate innovative, relevant knowledge through inquiry, critical reflection and synthesis
- understand the basic concepts, fundamental principles, and the scientific theories related to various scientific phenomena and their relevancies in the day-to-day life
- acquire the skills in handling scientific instruments, planning and performing in laboratory experiments. They can be able to grasp the skills of observations and drawing logical inferences from the scientific experiments

# BIJOY KRISHNA GIRLS' COLLEGE, HOWRAH

Estd : 1st August 1947. Affiliated to University of Calcutta  
NCTE approved NAAC B accredited College with CPE status

- analyze the given qualitative and quantitative data critically and systematically and develop the ability to draw the objective conclusions
- think creatively (divergently and convergent) to propose novel ideas in explaining facts and figures or providing new solution to the problems
- realize how developments in any science subject helps in the development of other science subjects and vice-versa and how interdisciplinary approach helps in providing better solutions and new ideas for the sustainable developments
- develop optimistic and scientific outlook not only with respect to science subjects but also in all aspects related to life
- realize that knowledge of subjects in other faculties such as humanities, performing arts, etc. can have greatly and effectively influence which inspires in evolving new scientific theories and inventions

## **PO2: Morally Upright**

*Our Graduates will*

- manifest a personal conviction that justice and peace are the foundations of societal living
- be led by the voice of their conscience and always do what is right

## **PO3: Socially Committed**

*Our Graduates will*

- be socially conscious, sensitive and active persons, who are committed and accountable agents of social good
- manifest genuine concern for human values and ecological conditions
- be committed to social justice and the dignity of all sections of society, especially the underprivileged

## **PO4: Spiritually Inspired**

*Our graduates will*

- take personal responsibility for their choices and actions
- be led by personal and professional standards of ethics with a commitment to integrity and honesty

## **PO5: Civically Responsible**

*Our graduates will*

- be responsible members of social and professional communities
- promote democratic values and peaceful living in a multi-faceted society, with courage of conviction

# BIJOY KRISHNA GIRLS' COLLEGE, HOWRAH

Estd : 1st August 1947. Affiliated to University of Calcutta  
NCTE approved NAAC B accredited College with CPE status

**5. Programme Specific Outcome (P.S.O):** These are statements that describe what graduates of a specific program should be able to do?

Psychology is a fascinating and challenging subject. The most obvious reason to study psychology is the subject-specific knowledge one can gain and the insight that he or she will develop into the mind, brain and human behaviour. On [B.Sc/B.A \(Honours\) Psychology](#) course one can able to know a diverse range of subjects including cognitive psychology, forensic and investigative psychology, and educational psychology, the psychology of sport and exercise, and critical social psychology

In brief, it can be said that psychology actually enhances the self growth and development of the individuals. Our **Program Specific Outcomes** are evidences for the above attributes in our graduates in the form of the following skills

## **PSO1: Knowledge Acquisition Skills**

*Ability to learn individually and collaboratively the following processes like*

- measurement of attitude, aptitude, interest, adjustment skills
- counseling process and techniques
- analysis and interpretation of the causes behind the major psychological issues seen with people in the society today

## **PSO2: Societal Skills**

*Commitment and accountability for social transformation in civil society and be able to:*

- Be concerned for environmental sustainability
- Enunciate and abide by standards of ethics
- Enhance the coping skill with different problems in life

**6. Course Outcome (C.O):** Course Learning Outcomes are statements clearly describing the meaningful, observable and measurable knowledge, skills and/or dispositions students will learn in this course.

## **Semester-I**

- **CO1-CC-1: Introduction to Psychology:** To introduce students to the basic concepts of the field of psychology with an emphasis on applications of psychology in everyday life and also make them acquainted with cognitive process, states of consciousness and learning, memory

# BIJOY KRISHNA GIRLS' COLLEGE, HOWRAH

Estd : 1st August 1947. Affiliated to University of Calcutta  
NCTE approved NAAC B accredited College with CPE status

- **CO2-CC-2: Statistical Methods for Psychological Research:** To familiarize students with the use of statistical methods in psychological research and the techniques of statistics for quantitative research.

## Semester-II

- **CO3-CC-3: Biopsychology:** To explore the biological basis of experience and behaviour and to develop an appreciation of the neurobiological basis of psychological function and dysfunction
- **CO4-CC-4: Psychology of Individual Differences:** To develop an understanding of the concept of individual differences with the goal to promote self-reflection and understanding of self and others

## Semester-III

- **CO5-CC-5: Development of Psychological Thought:** This course provides a basic introduction to the development of the discipline both from the Indian as well as western perspective
- **CO6-CC-6: Psychological Research:** To educate students with the process and the methods of quantitative and qualitative psychological research traditions
- **CO7-CC-7: Social Psychology:** Develop an understanding of the individual in relation to the social world. Introduce students to the realm of social influence, as to how individuals think, feel and behave in social situations

## Semester-IV

- **CO8-CC-8: Understanding Psychological Disorders:** The paper aims at providing an overview of the concept of abnormality and the symptoms and etiology of various psychological disorders. This will sensitize them to information on psychopathology and dispel myths regarding it
- **CO9-CC-9: Statistical Methods for Psychological Research-II:** To educate students with the techniques of inferential statistics and hypothesis testing
- **CO10-CC-10: Applied Social Psychology:** To help student understand social problems and gain knowledge about intervention strategies

## Semester-V

- **CO11-CC-11: Understanding and Dealing with Psychological Disorders:** To introduce the etiological understanding and therapeutic interventions for the various psychological disorders and also to help students develop an understanding of how to deal with moderate to severe psychopathology
- **CO12-CC-12: Developmental Psychology:** To equip the learner with an understanding of the concept and process of human development across the life span To impart an understanding of the various domains of human development To inculcate sensitivity to socio-cultural context of human development

# BIJOY KRISHNA GIRLS' COLLEGE, HOWRAH

Estd : 1st August 1947. Affiliated to University of Calcutta  
NCTE approved NAAC B accredited College with CPE status

## Semester-VI

- **CO13-CC-13: Organizational Behaviour:** To develop an awareness of the concepts related to organizational behavior and to help the students develop connectivity between concepts and practices of organizations
- **CO14-CC-14: Counselling Psychology:** To develop an understanding of basic concepts, processes, and techniques of Counseling and to acquaint the learner with the challenges of Counseling

## Discipline Specific DSE (2 in Semester-V and 2 in Semester-VI)

- **DSE-A -01: Positive Psychology:** To introduce the basic concepts of the growing approach of positive psychology and understand its applications in various domains
- **DSE-A -02: Human Resource Management:** To help students understand the various processes and issues inherent in organizations related to human resources
- **DSE-B -03: Health Psychology:** To understand the relationship between psychological factors and physical health and learn how to enhance well-being
- **DSE-B -04: Community Psychology:** To learn the link between individuals and communities and deal with social issues more effectively with people's participation
- **DSE-A- 05: Cultural and Indigenous Psychology:** To understand the role of culture in understanding behaviour and exploring psychological insights in the Indian thought traditions
- **DSE-B -06: Psychological Perspectives in Education:** To understand of the interface between education and psychology and to appreciate the various issues and challenges that emerge with reference to the application of psychological ideas and theories in the discipline of education. This paper will enable learners to deal with various problems and issues related to student diversity in a classroom

## Skill Enhancement Elective (SEC) (1 in Semester- III and 1 in Semester- IV)

- **SEC-A-01: Behaviour Modification:** To understand the concept of behaviour modification and its applications
- **SEC-A-01: Communication:** To understand communication and its different facets in different context
- **SEC-B-02: Emotional Intelligence:** To understand the concept of emotional intelligence and learn ways of developing it
- **SEC-B -02: Stress Management:** In everyday life we experience stress related to various situations. Students will learn how they can make adjustments and manage to cope with stress more effectively